

**/ SHARING TAPAS PLATES
/ TO START**

/ MEAT

MEATBALLS 
in spicy tomato
sauce
€ 5.90

CHEESE CRUST COTTAGE PIE
€ 5.90

IBERIAN HAM CROQUETTES
€ 5.75

BABY SCOTCH EGGS
on piccalilli
€ 6.50

CHICKEN LIVER PATE
served with onion
chutney
€ 6.90

CHORIZO 
sizzling in olive oil
€ 5.50

CHICKEN 'CAUSA' TOWER
layers of avocado,
roasted pepper, potato,
egg and chicken
€ 7.90

/ FISH

PRAWN PIL PIL 
€ 9.95

CHEESE CRUST FISH PIE
€ 5.90

OCTOPUS 'A LA GALLEGA'
on a bed of sauteed
potatoes
€ 9.95

COD CROQUETTES
€ 5.75

/ FISH

TEMPURA PRAWN
with sweet chilli and
soy sauce
€ 8.95

ANCHOVIES
in vinegar
€ 5.50

PRAWN 'CAUSA' TOWER
layers of avocado,
roasted pepper, potato,
egg and prawn
€ 7.90

PANKO PRAWN
served with curry sauce
€ 8.95

/ GREEN

MUSHROOM PIL PIL   **VEGAN FRIENDLY**
€ 6.95

AUBERGINE PARMIGIANA 
€ 8.90

TEMPURA VEGETABLES 
with sweet chilli and
soy sauce
€ 7.90

MANCHEGO CHEESE 
€ 5.50

SOUP OF THE DAY 
€ 7.80

**GOATS CHEESE AND
CAMELISED APPLE** 
€ 6.90

SPANISH TORTILLA 
€ 4.90

PARMESAN CRUSTED 
CREAMED SPINACH
€ 4.90

EL BANCO
RESTAURANTE & BAR

COVER CHARGE €2.00 PER PERSON / PLEASE ADVISE OUR STAFF OF ANY ALLERGIES OR DIETARY REQUIREMENTS PRIOR TO ORDERING

/ FISH

SALMON
served with a caper,
garlic and lemon butter,
baby potatoes and
asparagus
€ 17.90

PAN CRISP SEA BASS
served on vegetable cous
cous
€ 17.90

HAKE CHEFS SPECIAL 
served with Sicilian
sauteed vegetables and
parsley mash potato
€ 15.80

FISH PIE
topped with cheesy
mash and served with
fresh market vegetables
€ 15.90

SPICY RICE PRAWN SKEWER 
king prawn skewers with
vegetable spicy rice
€ 15.90

THAI GREEN KING PRAWN 
CURRY
fresh and aromatic,
served with basmati rice
€ 17.50

/ PASTA AND RICE

TAGLIATELLE EL BANCO
fillet beef strips in tomato
sauce with mushrooms
€ 15.90

CHILLI PRAWN INTEGRAL 
CHEFS FAVOURITE
king prawns, fresh
chilli, garlic and
wholemeal spaghetti
€ 17.50

MUSHROOM RISOTTO 
creamy risotto with wild
mushrooms
add chicken (€2.90)
add chorizo (€2.90)
€ 14.90

PAPPARDELLE DE SALMON
served with salmon,
asparagus and a cream
sauce
€ 16.90

/ SIDES

CHIPS WITH ALIOLI | € 3.90
MASHED POTATO | € 3.90
DAUPHINOISE POTATO | € 3.90
MINTED GARDEN PEAS | € 3.90
CREAMED SPINACH | € 3.90
GARDEN SALAD | € 3.90
PEPPERCORN SAUCE | € 2.50
BERNAISE SAUCE | € 2.50
MUSHROOM SAUCE | € 2.50

/ GREEN

THAI GREEN VEGETABLE ✓ 🌶️

CURRY

VEGAN FRIENDLY

fresh and aromatic with
basmati rice

€ 16.50

SPICY RICE VEGETABLE ✓ 🌶️

SKEWER

VEGAN FRIENDLY

market vegetable skewer
and spicy rice

€ 14.50

MUSHROOM RISOTTO ✓

creamy risotto with wild
mushrooms

€ 14.90

/ SALAD

CAESAR SALAD

crisp lettuce with Banco
caesar dressing, bacon,
parmesan and grilled
chicken

€ 12.50

COBB SALAD

chicken, avocado, boiled
egg, onion and lettuce

€ 12.50

SMOKED SALMON WALDORF

walnuts, apple, grape,
celery and smoked
salmon

€ 12.50

BACON AND BLUE CHEESE

mixed salad, black olives,
cherry tomatoes wrapped
in cucumber

€ 9.50

CAPRESE ✓

fresh tomato, buffalo
mozzarella, avocado and
basil dressing

€ 12.50

CRISPY GOATS CHEESE ✓

SALAD

panko coated goats
cheese, mixed salad,
black olives, cherry
tomatoes and cucumber

€ 11.90



/ MEAT

CHEF SPECIAL CHEESEBURGER

served with chips - build your own and add a choice of the following: goats cheese and caramelised onion (+€2.50)
fried egg (+€1)
bacon (+€1.50)

€ 14.95

LAMB SHANK

slow cooked with mashed potato, spinach, carrots and fresh mint jus

€ 17.50

COTTAGE PIE

topped with cheesy mash and served with fresh market vegetables

€ 15.90

DUCK BREAST CHEF SPECIAL

served with dauphinoise potatoes, long stemmed broccoli and orange gravy

€ 18.90

THAI GREEN CHICKEN CURRY 

fresh and aromatic, served with basmati rice

€ 17.50

SPICY RICE CHICKEN 
SKEWER

juicy marinated chicken with vegetable spicy rice

€ 15.50

ARGENTINIAN RIB EYE

served with garlic butter, mushroom, tomatoes and fries | add side sauces |

€ 22.50

FILLET OF BEEF

served with garlic butter, mushroom, tomatoes and fries | add side sauces |

€ 24.90

CHATEAUBRIAND TO SHARE

served with garlic butter, mushroom, tomatoes, fries and sharing sauces

€ 27.95 PER PERSON

