



SMALL PLATES

GAZPACHO 7.5

cherry gazpacho with goats cheese snow

PIL PIL PRAWN 10

served with warm bread

AUBERGINE PARMIGIANA 9

with parmesan, mozzarella and tomato sauce

PANKO PRAWN 12

on a bed of Asian salad

PRAWN COCKTAIL 10

served with brandy Marie Rose dressing

COD FISH CROQUETTES 7

served with aioli

IBERIAN CROQUETTES 7

served with aioli

TOMATO CARPACCIO 7.5

with olive oil

RAW BAR

STEAK TARTARE 16

foie shavings

RED TUNA TARTARE 18

avocado and salmon caviar

IBERICO PORK CARPACCIO 16

Japanese and sesame dressing

SALMON 16

in a teriyaki marinade with quinoa, avocado and tomato



cover charge : 150 per person

GREENS

SMALL 10 | LARGE 15

CAESAR SALAD

fresh anchovies, chicken, bacon and parmesan

CAPRESE

buffalo mozzarella, tomato, avocado and basil

QUINOA AVOCADO

tomato and touch of salmorejo

TROPICAL SALAD

prawns, marie rose sauce and fresh fruit

GOATS CHEESE SALAD

spinach, nuts and apple

COBB SALAD

with chicken, avocado, and egg

TEMPURA PRAWN SALAD

with chipotle sauce

SALMON SALAD

with mushrooms



FEELING FRIENDLY?
SHARING SIZES OF ANYTHING ON THIS PAGE FOR 13.50 PER
FRIEND. SHARING IS CARING.

PASTA AND RICE

TAGLIATELLE EL BANCO 15

fillet of beef strips in tomato sauce with mushrooms and onion

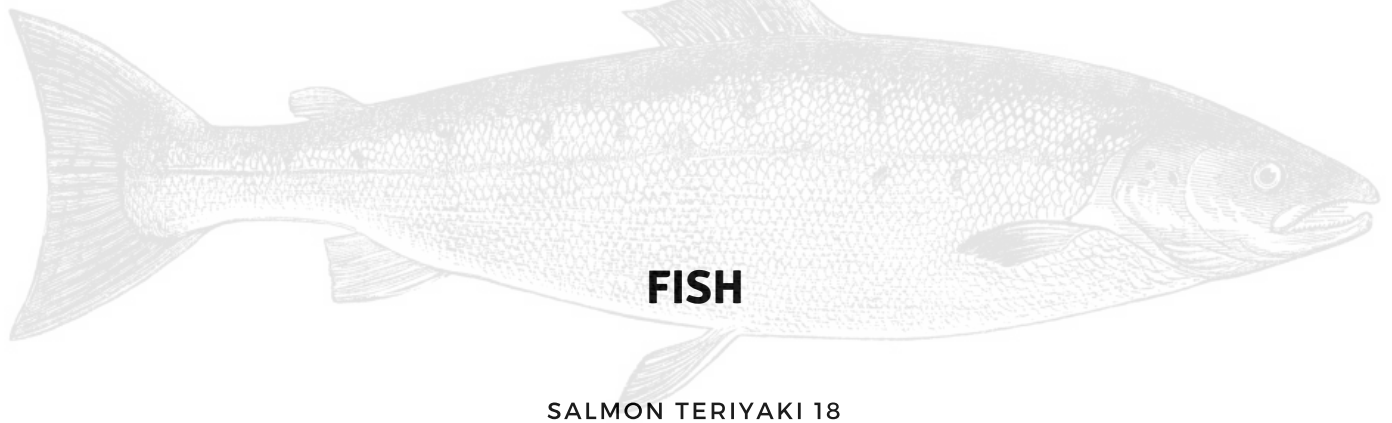
CHILLI PRAWN INTEGRAL 15

king prawns, fresh chilli, garlic and wholemeal spaghetti

MUSHROOM RISOTTO 15

cooked with cream, asparagus and white wine





FISH

SALMON TERIYAKI 18

oven baked with basmati rice and market vegetables

BLACK COD 22

with miso, quinoa and wakame

SEA BASS 18

with market vegetables

SEARED RED TUNA LOIN 20

with mojama and market vegetables

MEAT

BULL BURGER 15

chef special beefburger with bull sauce and chips

RIB EYE 22.50

chips and market vegetables, sauces (2.50) peppercorn | mushroom | bernise

FILLET OF BEEF 25

chips and market vegetables, sauces (2.50) peppercorn | mushroom | bernise

TANDOORI LAMB RACK CUTLETS 22

creamy turmeric mashed potato

THAI CHICKEN CURRY 16

basmati rice and market vegetables

GALICIAN CHULETON STEAK 19PP

For 2 Persons.

sliced from the bone with chimichurri, chips and market vegetables

THE GRUB CLUB 20PP

Minimum of 4 persons

a feast of meat to include Galician chuleton, fillet of beef and tandoori lamb rack cutlets
chips | market vegetables | creamy turmeric mashed potato

